SAHWAS

Rehabilitation Center for Intellectual Disabled Adults



SAHWAS BAHUDDESHIYA SANSTHA

Registered under Maharashtra Public Trust Act 1950 and Society Act 1960



Samadhan Sawant
Founder

FOUNDER'S SPEECH

I am on the journey of building a safe place for the neglected group of children in our society. I acquired my education in B.Ed in Special Education and immediately secured a job as a Special Teacher in Badlapur. I had a very comfortable, professional and financial life. Though based in Mumbai, I originally hail from Erandol in Jalgaon and I kept visiting my native place for family functions, social gatherings etc. throughout the year.

On one such visit, I witnessed an incident that brought a reformation in my line of thought and inspired me to leave the comfortable lifestyle that I was fortunate to have, to bring a change in the outlook of people towards the mentally challenged. On one of my visits, I saw some teenagers from my village harassing and bullying a mentally challenged boy named Shashikant Vani. This was happening at a village bus stop and many people stood there watching the spectacle. But I couldn't. I reached out, rescued the boy and tried to counsel the teenagers but in my heart I understood that this was not going to be enough. I realized that if on the ground level these incidents should stop, a reformation is needed at the roots and that became the first step towards conceiving the idea of Sahwas Bahuddeshiya Sanstha.

The idea was to create awareness about mental retardation and mentally challenged children amongst the people and counsel the families of these special kids that they needed special attention and training to survive and gradually become independent. But while doing so, I also learnt that these families were very poor, most of them were daily wage workers working in the farms hence they did not have the financial capacity to raise a special child with utmost care. I also observed that the children lack opportunities so as to sustain at a basic level post the age of 18 years whereas that's the phase where in these kids needed extra attention in areas like physical and sexual changes in their bodies. They also tend to become irritable or hyper hence that's the age that needs special attention and conditioning. At Sahwas, we tried to cater to those needs through counselling and vocational training to make them independent.

The idea behind Sahwas was mainly based on creating a safe place for the mentally challenged children in the rural sections of Jalgaon, to make them independent and to relieve the anxiety and pressure of their respective parents. While doing so we also emphasized and underlined the saying, "Disability is not inability".

ABOUT ORGANISATION

Sahwas Bahuddeshiya Sanstha is a special care school and vocational training centre for children/adults with mental disabilities which comprises residential facilities. It was established in 2015, in the Sonbardi village near Kasoda (Jalgaon) by Mr. Samadhan Sawant, who is a special teacher by profession. The Sanstha is registered under the section Maharashtra Public Trust Act, 1950 and Society Act, 1860.

With the help of funds by the kind and generous people and a team of like-minded people, under the leadership of Mr. Samadhan Sawant, Sahwas Bahuddeshiya Sanstha was started with 7 children in 2015 including Shashikant Vani, the student that inspired the whole idea. After the registration, as a part of research, we contacted the mobile teachers in different talukas in Jalgaon to extract information from them regarding mentally challenged children in their respective schools. A segregated list was prepared of those mentally challenged children whose families could not afford to raise or care for them. The initial 7 children were acquired by this method.

Currently, the Sanstha resides 21 children and adults who are mentally challenged with a minimal fee that some of the students can afford while others reside without any fee or charge. Out of the 21, 11 children hail from extremely poor families residing in Mumbai, Thane, Navi Mumbai, Amravati and Madhya Pradesh. Some are also orphans who might reside in the Sanstha for all their life henceforth.





VISION & MISSION



VISION

Sahwas Bahuddeshiya Sanstha inculcates a self-reliant culture in the lives of children/ adults with intellectual disabilities. We aspire to ensure that they live life to the optimum and in their own way participate as a productive member of the society.



MISSION

Our mission is to enhance, and enrich the lives of people with disabilities by extensively educating the rural population, about the intellectually challenged. We want to extensively educate the rural population about the intellectually challenged, for improved community participation. We also aspire to mobilize support for their rights and well-being, thus redirecting the attention of the urban population in supporting the development of better infrastructure in the rural areas for the disabled communities.

OUR VALUES

- The foundation of Sahwas Bahuddeshiya Sanstha lies mainly on our values of Compassion, Open-mindedness and Reliability.

- Integrity, Respect, Love, Brotherhood and Unity are also the values that lie at the core of our organisation and we advocate them and want to instill it in our children as well.





OUR TEAM

Samadhan Sawant
Founder

Kishor Patil
Manager

Ishwar Patil
Teacher

Sandeep
Clear Staff

Ganesh
Caregiver

Gajanan
Caregiver

OUR STAKEHOLDERS

ADHAR
LIFETIME SHELTER FOR
THE MENTALLY HANDICAPPED

Shri. Vishwas Gore, Chairman, Aadhaar Association of Parents of Mentally Retarded Children, Mumbai visited Sahwas to support and encourage the children as well as the team of Sahwas. Aadhaar foundation has always been an inspiration for Mr. Sawant and a pioneer foundation working towards the state of mentally challenged children in the city. When Aadhaar learnt about Sahwas Bahuddeshiya Sanstha and its endeavours it happily extended their full support.





OUR PROGRAMS

At Sahwas Bahuddeshiya Sanstha, we work collectively with an objective to promote welfare, care, education and rehabilitation of the mentally challenged through training them not only in the basic education but also by conducting socio-cultural events, having sports and drawing activities, recreational and vocational sessions which will in turn make them independent, and specially abled within their limits to sustain in the normal world.

Focus areas of the Sahwas Bahuddeshiya Sanstha for ensuring holistic development of our children:



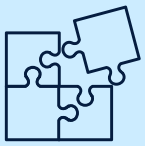
EDUCATION

After extensive survey, we learned that approximately 189 children in and around Jalgaon suffer from some or the other mild form of disabilities. At Sahwas, we try to assist a fraction of this number in becoming a trained stable individual. Special teachers with scheduled weekly visits train the children daily. The education that is provided to these children is different from the main stream form of education in schools. While teaching them basic manners and inculcating core values of love, compassion, team work, unity, honesty and integrity, the teachers also have to make special bonds with children so that they trust the teachers and make improvement.

Educational training comprises of different small exercises:



Using Blocks



Solving Simple Puzzles



Simple Eye Hand Co-ordination Exercises







Drawing competitions and other activities related to painting and sketching are planned in order to enhance their concentration, eye hand co-ordination and their engagement capacity while coloring the paper, makes the tasks fun for the children.

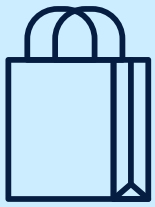
VOCATIONAL TRAINING

We at Sahwas organize the special trainers, artists, etc. to guide, train and teach the children in basic skills that will help them become independent. The children are extensively trained in the above skills. The products like candles, paper bag and essence stick that the children make are sold at exhibitions in Mumbai and Pune. And the proceeds of the sale are used for the daily needs of the Sahwas family.

Training programmes include activities:



Candle Making



Paper Bag Making



Essence Stick Making







At Sahwas, we feel that the children should not only depend on funds and donations but should also gradually become financially independent. Mr. Sawant and team is constantly trying to introduce the innovative ways of vocational training so to prepare the children for the practical world.

SPORTS

The children have a specific time allotted in their daily routine for Sports. Every day for an hour they are sent out on the grounds to play sports like cricket, badminton, throw ball etc. these games not only ensure that their minds are fresh enough but also make them physically agile and fitter.

These group activities instil values like:



Sportsmanship



Team Spirit



Co-ordination Skills in them







At Sahwas, Sports is given utmost importance as it helps the children channelize their energies into something that needs engagement of the body and mind. Regular sports activities have made very positive impact on their state of mind and have helped them become calmer in their daily routine.

HEALTHCARE

At Sahwas Bahuddeshiya Sanstha, we follow a fixed time table, along with it the Nutritionist pay visits on the monthly basis. In emergencies like accidents of children due to seizures and in need of operation, the respective children are admitted to a well-equipped hospital and given the best medical attention. The expenses of such cases are totally endured by Sahwas.

Time table which comprises of weekly visits by:



Doctors



Physiotherapists



Psychologists





The children are given a nutritious five meal diet throughout the day which has improved the physical conditions of many children since their admission in Sahwas. The children seem healthier, happier with less seizures etc. and participate actively in the daily plans.

OUR DAILY SCHEDULE

The daily schedule of Sahwas Bahuddeshiya Sanstha is well planned and structured. The below mentioned routine is followed by the children with the help of our Care givers and Teachers.

A day in Sahwas begins with **Prayers, our National anthem and Pasayadhan.** Daily prayers have a calming and meditative effect on the children.

A good start helps set the rhythm for the entire day. A good bath and prayers are followed by **a wholesome breakfast.**

Throughout the day, different classes like vocational, recreational and indoor activities are planned. The **recreational classes** include playing carrom, drawing, dancing etc. Our Teachers and Caregivers engage in cricket along with the kids.

Students are taken for a stroll outside where **small activities and games** are conducted.

Our **five-meal plan** inclusive of breakfast, lunch, evening snack and dinner is structurally planned in the daily timetable. The meals ensure wholesome nourishment and ensure vital ingredients necessary to the children for their development.

The children are also allowed to have a **30 minutes T.V time late in evening** for fun and their entertainment.

After all the daily activities, the children have to go back to their **respective beds for sleeping.**





AWARDS



डॉ.ए.पी.जे. कलाम राष्ट्र उभारणी प्रेरणा पुरस्कार

सामाजिक क्षेत्रात उत्कृष्ट कामाबद्दल दिला गेलेला पुरस्कार

मानव विकास राज्यस्तरीय पुरस्कार 2021

बसामाजिक क्षेत्रात विशेष मुलांसाठी असलेल्या कार्यासाठी दिला गेलेला सन्मान





AWARDS



प्रबोधिनी ट्रस्ट नाशिक पुरस्कृत सौ. रजनी नागेश लिमये स्मृति पुरस्कार

विशेष मुलांच्या कार्यासाठी दिला गेलेला पुरस्कार

गिरना नवरत्न पुरस्कार

सामाजिक क्षेत्रात उल्लेखनिय कामाबददल दिला गेलेला पुरस्कार





AWARDS



महा. एनजीओ फेडेरेशन पुणे, सन्मान पुरस्कार 2020

सामाजिक क्षेत्रातला पुरस्कार प्रदान

अखिल भारतीय पत्रकार परिषद पुरस्कार

सामाजिक कार्याचा उत्कृष्ट कामाबद्दल दिला गेला





AWARDS



गौरव सामाजिक कार्याचा

विशेष मुलांच्या क्षेत्रात उत्कृष्ट कामाचा सन्मान

गौरव सामाजिक कार्याचा

सामाजिक भान उत्कृष्ट कामाचा सन्मान





TESTIMONIALS

I have a family of four to support and look after and my profession as a driver in rural areas does not provide well for the family. In such financial constraints, I was finding it very difficult to raise a mentally challenged child. Not only is it expensive but also we lack knowledge which is needed to raise a special child. My son, Rohan Mule, suffered from frequent seizures and was a very violent child. He had many episodes where he attacked his own mother and younger brother. These episodes became an everyday thing and as a measure of safety we had to tie him up with metal chains. Although it was painful to watch him in that state but we had no other option. A former teacher of Rohan suggested me about Sahwas Bahuddeshiya Sanstha. I called for an enquiry after which I made it clear to them that I had no money whatsoever to support the child. Mr. Samadhan Sawant was welcoming and helpful and he guided us well through the process. And we enrolled Rohan in Sahwas in the year 2017 without any fee. It's been 3 years today and I have seen massive improvements in my child. His behaviour has improved drastically, seizures have almost stopped, and speech has improved. He engages in telephonic conversation with us from time to time and it's almost unbelievable that he's the same boy who was violent a few years ago. Even today as and when it is possible for me I send a mere Rs. 500 or Rs.1000 as per my capacity but the Sanstha has never demanded any money from me and in return selflessly is providing for my son better than I could everI am extremely thankful to Sahwas family and will be grateful to them forever.

Vinod Mule (Amravati),
Father of Rohan Mule



TESTIMONIALS

I've been associated with Sahwas from the very beginning. We were a very small team when Samadhan Sir decided to renovate an old hotel into Sahwas Care. I have done repairing, cleaning and painting etc. by myself. Today, I look after Sahwas Bahuddesshiya Centre under the able guidance of Samadhan Sir along with a staff of 4 more people. We're a super team of 6 people and we handle the institute with a lot of love and care. These are kids with special needs hence it needs special attention and efforts. And I'm proud and honoured to be a part of this Sanstha right from where it began.

Kishore Patil,
Manager

I'm associated with Sahwas Bahuddeshiya Centre for the last 2 years as a Consulting Doctor. I have been treating the children when they suffer from fever, fungal infection or in case of any medical emergency. During these 2 years, I have noticed that there are many positive changes in their behavioural pattern. They have become calmer, they have become better at taking instructions and following directions and they cooperate well with the medical staff. As a doctor and observer, I feel such immaculate care and grooming will definitely change the course of life of these mentally challenged kids and I applaud Sahwas for their tremendous efforts.

Dr. Motilal Patil,
Consulting Doctor, Sahwas



TESTIMONIALS

I still remember my first day in Sahwas. I was very nervous and excited at the same time to be a part of an institute who works so articulately on the grass root levels. On my first day there was a child named Manish Birje, who kept staring at me while I was being introduced and took my first class. It was making me anxious but I kept my cool and finished my class. As I was about to leave the class, he came to me with a piece of paper which had a sketch of me. That incident touched and motivated me to stay and work with Sahwas and contribute in my best interests. In another incident, a child stumped me by telling his full name in complete English. I soon realized that these kids are not challenged but special and we as a team are going to groom them to the best of their abilities to help them sustain in normal society. We have different indoor and outdoor activities like mixing small pebbles with wheat and rice and to tell the children to separate them or help them to clean out the weeds and grasses in the garden which we use to enhance their eye-hand coordination and keep them very active and engaged. In the case of a violent kid we try to handle them with utmost care to calm them down and explain the right way of doing a certain thing. As a special education teacher, I am inspired by the children every single day and I'm proud to be a part of the team.

Ishwar Patil,
Special Education Teacher,
Sahwas



ORGANISATION DETAILS

Name of the Organization	:	Sahwas Bahuddeshiya Sanstha
Registration Acts	:	Maharashtra Public Trust Act 1950 & Society Act 1860
Registration Number	:	Maha/18339/jal. F/17685/jal.
Date of Registration	:	04-06-2015
PAN No. of Organization	:	AANAS4364H
NITI Aayog UID	:	MH/2018/0211021
12A Registration No.	:	AANAS4364HE2021201
80G Registration No.	:	AANAS4364HF20228
CSR-1 Registration No.	:	CSR00022453
Registered Address	:	At Sonbardi post, Hanumantkhede bk, Tal Erandol, Dist Jalgaon, Maharashtra (india) 425109
Email Address	:	sahwasacare77@gmail.com, samadhansawant676@gmail.com
Chief Functionary	:	Samadhan Hilal Sawant
Contact Person Mob. No.	:	+91-7744091291/+91-9356409710

BANK DETAILS

DONATE FOR OUR CAUSE

Bank	:	State Bank of India
Account Name	:	Sahwas Bahuddeshiya sansth
Account Details	:	35147669248
IFSC Code	:	SBIN0001207
Branch	:	Erandol







THANK YOU

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